

# **Raymond Jr./Sr. High School**

## **Athletic Code**

### **Section 1.**

### **Statement To Parents**

Raymond Jr./Sr. High School Mission: To ensure that all students learn.

Athletic program Philosophy:

- Athletics are voluntary activities: participation is a privilege, not a right.
- Athletics support the academic mission of the school; they are an Integral part of the instructional program.

In addition, Athletics can bring:

- Individual growth and development
- Physical and mental Discipline
- Teamwork. Fair play and sportsmanship
- Respect for self and for others
- Respect for school rules and authorities
- Development of positive attitudes which translate into athletic successes
- Successful participation fosters successes in later life

Overall goals are to:

- Promote individual and team discipline
- Develop character and maturity in challenging situations
- Develop teamwork, fair play and sportsmanship
- Assist students in learning to be successful winners and gracious losers
- Develop individual and team athletic skills

Parents' role is to:

- Desire the very best for your child
- Appreciate your child's challenges
- Support your child whether winning or losing
- Help your child deal with adversity
- In times of frustration, encourage your child to respond appropriately
- Attend each season's parent meetings and read the athletic code
- Communicate with the coach, athletic director, or principal as needed in a respectful manner
- Help your child enjoy the experience

## Section 2.

### Purpose and Objective of the Athletic Code

**Purpose:** The athletic code is established in order to assist Raymond High School athletes, coaches, and administrators in maintaining an athletic program which:

1. Reflects the attitudes of the community.
2. Creates and maintains support and pride within the student body, staff, administration and community of Raymond High School.
3. Develops positive leadership in athletes.
4. Helps to create proper team discipline. All students who participate in interscholastic sport(s) for Raymond High School will be required to obey the athletic code.

#### **Objectives:**

1. This code will be regarded as a contract between the athlete and the school.
2. Cheerleaders will be considered athletes for the purpose of this code.
3. This code shall be in force throughout the season and may carry over the next season and/or school year.
4. The season shall be defined as being from the time the athletic code is presented in the team meeting at the beginning of the season through the time of the awards ceremony.

## Section 3.

### Coaches Expectations

Coaches are expected to follow the standard set of guidelines set forth by the athletic code. This is a minimum standard for coaches to follow. Coaches may at their discretion add to these standards. However, these standards should be considered the minimum.

If a player is later for a practice:

- First time extra conditioning (Coaches Discretion)
- Second time extra conditioning (Coaches Discretion-a warning if potential loss if playing time)
- Third time loss of playing time (Coaches Discretion)
- If problem persists (Coaches discretion-probation/ restriction/ suspension)

If a player misses a practice: (School sponsored activity)

- Coaches Discretion with prior approval by coach

If a player misses a practice: (Absence)

- Coaches Discretion (as per sport season handbook)

Absence Day before a game (Excused Dr appointment. sick, parent excused)

- Coaches discretion

Student athletes must be in attendance **four full class periods** in order to practice and/or be eligible to play in a game, match, or contest that day.

\*Note: prior arrangements **MUST** be made with the Principal, Athletic Director, or Principal designee for Dr. Appointments or family situations to enable a student athlete to participate.

In School Suspension (ISS):

May not Practice day of ISS

May not play in game/match that day

Must Complete ISS time before allowed to practice or play in next game, match or contest.

\*Note exception: During extended vacation periods (Christmas/Spring Break) student athletes are required to practice, but may not participate in games, matches or contests until ISS is completed.

Saturday School:

When a student athlete receives notification of assigned Saturday school he/she will receive a one game suspension. The game suspension will occur with the next scheduled game, match or contest. Since Saturday school may be scheduled as far out as a two week period the student athlete will be allowed to practice and attend all team functions before completion of scheduled Saturday school.

If player quits the team and wishes to return:

- Coaches Discretion

These guidelines are not to impose upon coaches' discretion. Coaches are encouraged to make up their own set of guidelines and have their student athletes read and sign such team rules. The successful completion of the sports season and coaches recommendation are required to be considered for earning a school letter.

**Recommended Letter Requirements: High School**

Football: 8 quarters Varsity Level

Volleyball: 8 games Varsity Level

Basketball: 16 quarters Varsity Level

Wrestling: 2 matches Varsity level

Track: 11 Points Varsity level

Golf: 1 match Varsity level

**Recommended letter requirements: Junior High**

Football: 6 Quarters

Volleyball: 4 Games

Basketball: 8 quarters

Wrestling: 2 matches

Track: 10 points

## Section 4

# Eligibility

Besides meeting WIAA standards for participation, student athletes (including student athletes enrolled as Home Link, Home Based, Alternative, blended schedule, Virtual Academies and/or any other educational programs specified by the State of Washington) must also meet the following local standards: (1) the student athlete must be enrolled in no less than three “letter grade” (as opposed to pass/fail) classes; (2) the student must have passed all classes the preceding quarter (based on first and third quarter grades) or semester (based on first and second semester grades); (3) the student must have at least a C (2.0) G.P.A. based on the most recent quarter or semester grading period.

Immediately following the posting of grades at the completion of first and third quarters or first and second semesters, those students not meeting the above requirements will be notified by the athletic director that they are immediately ineligible to participate in extracurricular activities. Locally ineligible students who are still eligible by WIAA standards may appeal their academic eligibility (see Section 6, Part C), but will remain ineligible until/unless, they have been granted conditional eligibility by the Eligibility Committee.

## Section 5

# Student Code of Conduct and Athletic Discipline Procedures

Raymond athletes have a responsibility to themselves, their families, their coaches/advisors, the team/squad on which they participate and to their community. Because these students are exposed to heightened risk or injury associated with participation in the sport and because they are role models to their fellow students, they are expected to comply with more stringent rules than those found in the student conduct code applicable to students in general.

**1. Serious Student Misconduct:** - Any athlete who performs an act that materially interferes with, or is detrimental to, the orderly operation of a class, a school sponsored activity, or any other aspect of the education process within the Raymond School District shall be subject to discipline. Those acts include the conduct topics defined in the current Raymond Jr./Sr. High School Student handbook under the heading “Serious Student Misconduct” and all written rules established by the coach of the current athletic season. Students who are assigned “In school- Suspension” will not be eligible to participate in any games or practices until all assigned days are fulfilled. Students who are assigned “Saturday School” will follow the procedure explained under Section 3 of this code. The following discipline procedures may be used:

## Probation

This is a trial period, during which the athlete remains a part of the squad while he/she attempts to correct his/her deficiencies within a time prescribed by his/her coach(es). This would be used for minor violation of the athletic code, such as: breaking eligibility rules established by the team, poor classroom conduct and violating coaches regulations. If the athlete does not correct his/her deficiencies as prescribed, the probationary period is extended or the athlete is put on restriction.

## Restriction

This is an action taken in conjunction with the Athletic Director. Restriction means the athlete may not participate in events/contests until removed from this status by meeting specific requirements as outlined in writing by the coach and the Athletic Director. This would be used for major violations of the athletic code and gross misconduct in the classroom.

When there is valid reason for school personnel to believe that a student/athlete may have been involved in an Athletic Code violation a full investigation will begin. At that time, school personnel can/may put student athlete on immediate restriction (no participation in events/contests) for as long as complete investigation may take to complete. The timeline for a complete investigation is subject to the needs of school personnel to fully gather information needed to make a judgment if any disciplinary action may be warranted.

## Suspension

This is an action taken in conjunction with the Athletic Director. Suspension means removal from the team for the remainder of the season. This would be used for behavior and or conduct detrimental to the team, school or athlete and/or insubordination to any school personnel.

**2. Criminal Acts:** - criminal acts by students, in/or outside of school hours, will result in the appropriate disciplinary action.

First Offense: Any student participant found in violation of the above regulation will be immediately denied participation in any further athletic events for a period of fifteen (15) school days. The participant will continue to turn out for practice and continue to follow all team and school regulations.

Second offense: Immediate dismissal from the team and forfeiture of the privilege to earn any school letter, certificate or awards for the remainder of the sports season.

**3. Legend Drugs (drugs obtained through prescription) and Controlled Substances-** The use, and/or possession of/or selling of any legend drugs and/or controlled substances, or knowingly participating in and/or promoting illegal legend drugs and controlled substance use in or outside of school hours, is strictly forbidden and will result in the

appropriate disciplinary action. If student athletes find themselves in a situation as described above, they are expected to leave immediately.

First Offense: The participant shall be immediately ineligible for interscholastic competition in the current interscholastic sports program for the remainder of the season. Ineligibility shall continue until the next sports season in which the participant wishes to participate unless the student accesses the assistance outlined in 2.

A student/athlete that is found to be in violation of legend drugs and controlled substances shall have two options.

1. The student/athlete will be ineligible for participation in contests for the remainder of that interscholastic sports season and must meet with the school eligibility board in order to be eligible to compete in the next sports season. The school eligibility board will make a recommendation to the school principal. The school principal will have the final authority regarding the student's participation in further sports programs.
2. The student/athlete will be denied participation in further athletic contests for a period of 20 school athletic/participation days. The student/athlete is required to participate and to follow the recommendations resulting from a student drug health assessment. Failure to meet recommendations of the student drug health assessment will cause student/athlete to be ineligible for participation in contests for the remainder of that interscholastic sports season and must meet with the school eligibility board in order to be eligible to compete in the next sports season (option 1).

2<sup>nd</sup>. Violation-Any student/athlete who is in violation for a second offense shall be ineligible for interscholastic competition for a period of one (1) calendar year from the date of the second violation.

3<sup>rd</sup>. Violation-Any student/athlete who is in violation for a third offense shall be permanently ineligible for interscholastic competition.

**4. Alcohol and Marijuana-** The use, and/or possession of/or selling of any alcoholic beverages and/or marijuana substances, or knowingly participating in and/or promoting illegal alcohol or marijuana use in or outside of school hours, is strictly forbidden and will result in the appropriate disciplinary action. If student athletes find themselves in a situation as described above, they are expected to leave immediately.

First Offense: The student/athlete will be denied participation in further athletic contests for a period of 40 school athletic/participation days. The student is required to practice and attend all team functions, but may not participate in any games/contests. After a total of 40 school/athletic participation days, the student may participate in games. Should the infraction occur with less than 40 days remaining in the season, the suspension will carry over to the next sport season in which the student participates. When a student/athlete is reportedly involved in an alcohol or marijuana use situation, school officials will conduct a full investigation. If the student/athlete is cooperative and truthful when first questioned regarding such a situation the sanction will be reduced by 5 days. If the student/athlete (and the parent of the student/athlete) restricted by this section agrees to participate and to follow the recommendations resulting from a student alcohol/marijuana health

assessment, the restriction may be reduced by 15 days. The two above listed reductions may be combined for a total reduction of 20 of the 40-day sanction. Failure to meet the recommendations of the student alcohol/marijuana health assessment will cause the full penalty to be installed. An athlete placed on restriction under these sections may not be removed from restriction during the above-specified time.

Any subsequent offense (alcohol and marijuana) during participation in grades 7-12, the student/athlete will be immediately dismissed from the team for the remainder of the sport season or 45 school/athletic participation days whichever is greater. The student will also forfeit the privilege to earn any school letter, certificate, or award of the current season. Should the infraction occur with less than 45 days remaining in the season, the suspension will carry forward to the next sport season in which the student participates.

**5. Tobacco and Nicotine products-** The use and/or possession of/or selling of any tobacco products (including smokeless tobacco, e-cigarettes, hookahs and vaporizers) inside or outside of school hours is strictly forbidden and will result in the appropriate disciplinary action.

First offense: The student will be denied participation in further athletic contests for a period of 25 school/athletic participation days. Athletic participation days are days on which athletic contests or practices are held. During that time the student must practice and attend with the team all team functions including games, but may not participate in games. Should the infraction occur with less than 25 days remaining in the season, the suspension will carry forward to the next sport season in which the student participates. When a student/athlete is reportedly involved in a tobacco situation, school officials will conduct a full investigation. If the student/athlete is cooperative and truthful when first questioned regarding such a situation, the sanction will be reduced by 5 days.

Second offense: The student will be immediately dismissed from the team for the remainder of the sport season or 45 school/athletic days whichever is greater. Should the infraction occur with less than 45 days remaining in the season, the suspension will carry forward to the next sport season in which the student participates. If the athlete (and the parent of the athlete) restricted by this section agrees to participate and to follow the recommendations resulting from a student tobacco health assessment the restriction may be reduced to 20 days. Failure to meet the recommendations of the student tobacco health assessment will cause the full penalty to be instated.

An athlete placed on restriction under these sections may not be removed from restriction during the above, specified time.

# **Section 6**

## **Appeal process for athletic eligibility and/or disciplinary action**

When infractions occur within the athletic program, the following process will be followed:

A. Until the appeal process has been resolved, all penalties imposed for infractions of the athletic code shall remain in effect.

B. Upon the imposition of penalty for infraction of said rules or regulations, any aggrieved student and parents of said student shall have the right to an informal conference with the Building Hearing Committee consisting of: the Head Coach of the sport involved, the Athletic Director, the High School Principal and a Building Representative. If the student(s) and parent(s) do not make a written request for this informal conference within three (3) school days of the action grieved, they will have waived their right to the conference and appeal procedure. The informal conference is to be held within three (3) school days of the written request.

C. Any student choosing to appeal their ineligibility status due to low academic performance may request in writing a hearing before the Eligibility Committee. The Committee shall be composed of the Athletic Director, Academic Counselor and or Principal, student ASB President and one faculty member. In the case of a tie within the committee, the principal or principal designee will cast the deciding vote.

D. The aggrieved party may appeal the decision of the Building Hearing Committee or the Eligibility Committee to the Superintendent of schools. If the aggrieved party does not make a written request for this hearing within three (3) school days of receipt of the above decision, they will have waived their right to the hearing and the appeal procedure. The Superintendent of Schools will hear the case in detail within five (5) school days of the hearing.

E. The aggrieved party may appeal the decision of the Superintendent of Schools to the Board of Directors. If the aggrieved party does not make a written request for this within (3) schools days of receipt of the above decision, they will have waived their right to the hearing and the appeal procedure. The Board of Directors will hear the case in detail within ten (10) school days of the request for the hearing and will render a written decision within (10) school days of the hearing. The decision shall be final.

Athletic Code

Parent Signature Requirement

We have read the Athletic Code of Raymond High School for the 2014-2015 school year. I understand the requirements and agree to abide by these standards.

We also understand that any questions we have will be answered by the Coach, Athletic Director or Principal in the said order.

\_\_\_\_\_  
Printed Name of Athlete

\_\_\_\_\_  
Signature of Athlete

\_\_\_\_\_  
Printed Name of Parent/Guardian

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date