

# March 2018

## BREAKFAST/LUNCH MENU

### LUNCH



**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday



### Tuesday



### Wednesday

### Thursday

### Friday

B-BISCUITS & GRAVY, PEACHES, SEEDS, MILK **5**

L-CHEESEBURGER, CHIPS, CARROTS, APPLE, MILK

B-HONEY BUN, STRING CHEESE, APRICOTS, MILK **12**

L-CHIXBURGER, CHIPS, G.BEANS, APPLE, MILK

B-BKFST WRAP, SEEDS, PEACHES, MILK **19**

L-BREADSTICKS W/SAUCE, APPLESAUCE CUP, CORN, COOKIE, MILK

B-FRENCH TOAST, PEAR, STRING CHEESE, MILK **26**

L-BBQ CHIX SANDWICH, CHIPS, CORN, APPLE, MILK

B-FRENCH TOAST, STRING CHEESE, PEARS, MILK **6**

L-BREADSTICKS W/SAUCE, PEACHES, CORN, COOKIE, MILK

B-CEREAL, OATMEAL BAKED APPLESAUCE CUP, MILK **13**

L-DIPPERS, RICE, CORN, ORANGES, MILK

B-FRUIT POCKET, PEARS, STRING CHEESE, MILK **20**

L-CHIX NUGGETS, FRIES, APPLE SLICES, ROLL, MILK

B-BURRITO, APRICOTS, SEEDS, MILK **27**

L-HAMBURGER, FRIES, PEACHES, COOKIE, MILK

B-BREAKFAST

L-LUNCH

B-BAGEL PIZZA, FRUIT CUP, SEEDS, MILK **7**

L-CHIX NUGGETS, FRIES, MIXED FRUIT, ROLL, MILK

B-POP TARTS, SEEDS, PEACHES, MILK **14**

L-TACO SOUP, ROLL, MIXED FRUIT, CARROTS, MILK

B-BAGEL PIZZA, FRUIT CUP, SEEDS, MILK **21**

L-SLOPPY JOE, BAKED BEANS, CARROTS, PEACHES, MILK

B-POP TART, SEEDS, APPLESAUCE CUP, MILK **28**

L-RAVIOLI, ROLL, G.BEANS, MIXED FRUIT, MILK

NO SCHOOL TODAY **1**

B-PANCAKE/SAUSAGE, APPLESAUCE CUP, SEEDS, MILK **8**

L-BURRITO, CORN, ORANGES, COOKIE, MILK

B-YOGURT, CEREAL, PEACHES, MILK **15**

L-TATER-TOT-CASSEROLE, CORN, COOKIE, PEACHES, MILK

B-CEREAL, MUFFIN, PEACHES, MILK **22**

L-CHIX FAJITA, RICE, ORANGES, CORN, MILK

B-PANCAKES, PEACHES, STRING CHEESE, MILK **29**

L-TURKEY SANDWICH, CHIPS, APPLE, CARROTS, MILK

NO SCHOOL TODAY **2**

B-CEREAL, MUFFIN, PEACHES, MILK **9**

L-PIZZA, PINEAPPLE, CARROTS, JUICE, MILK

B-BURRITO, PEARS, STRING CHEESE, MILK **16**

L-CORN DOG, CHIPS, APPLESAUCE CUP, CARROTS, MILK

B-OMELET, HASH BROWN, APPLESAUCE, MILK **23**

L-PIZZA, PINEAPPLE, G.BEANS, COOKIE, MILK

B-BREAKFAST PIZZA, PINEAPPLE, SEEDS, MILK **30**

L-BURRITO, CORN, ORANGES, COOKIE, MILK