

June 2018

BREAKFAST/LUNCH MENU



THIS DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



B-POP TART, SEEDS, APPLESAUCE CUP, MILK **1**

L-ELEM BBQ HS-PIZZA POCKET, CHIPS, CARROTS, FRUIT, MILK

B-FRENCH TOAST, PEAR **4**
STRING CHEESE, MILK

B-CEREAL, MUFFIN, **5**
APPLESAUCE CUP, MILK

B-BURRITO, ORANGES, **6**
SEEDS, MILK

B-YOGURT, GRANOLA, **7**
PEARS, MILK

B-CEREAL, MUFFIN, APPL **8**
MILK

L-CHICKEN NUGGETS,
PEACHES, BAKED BEANS
COOKIE, MILK

L-SLOPPYJOE, CHIPS, CORN,
APPLE, MILK

L-DIPPERS, RICE, GREEN
BEANS, COOKIE, MILK

L-LASAGNA, GARLIC BREAD,
CARROTS, PEACHES, MILK

L-CORNDOG, CHIPS, APPLE,
CORN, MILK

B-BISCUITS & GRAVY, **11**
STRING CHEESE, FRUIT, MILK

B-BKFAST PIZZA, JUICE, **12**
SEEDS, MILK

B-COOK'S CHOICE **13**

B-POP TART, SEEDS, **14**
APPLESAUCE CUP, MILK

15

L-CALZONE, MIXED FRUIT,
CARROTS, COOKIE, MILK

L-HAMBURGERS, CHIPS,
APPLE, CARROTS, MILK

L-COOK'S CHOICE

EARLY RELEASE

SUMMER LUNCH STARTS **18**

1.SOUTH BEND SCHOOL **19**

3.OLD WILLAPA SCHOOL **20**

HAVE A SAFE AND FUN **21**

22

11-12 M-F

2.RAYMOND SCHOOL

4.RIVERDALE BALL PARK

SUMMER. SEE YOU IN

AUGUST!!!

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