

# JANUARY 2019

# BREAKFAST

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY                                      | FRIDAY  | SATURDAY | SUNDAY |
|---|---|--|---|---|----------|--------|
|   | 1   | 2  | 3   | 4   | 5        | 6      |
| 7<br>French Toast<br>Juice<br>Apple Sauce                 | 8<br>Biscuits<br>Sausage<br>Peaches                   | 9<br>Pancake Wrap<br>Pears   | 10<br>Eggs<br>English Muffin<br>Fresh Fruit   | 11<br>Breakfast Pizza<br>Pineapple<br>Juice     | 12       | 13     |
| 14<br>Waffles<br>Cheestick<br>Pears                       | 15<br>Bacon and Eggs<br>English Muffin<br>Mixed Fruit | 16<br>Apple Muffin<br>Yogurt<br>Peaches  | 17<br>Pastry<br>Juice<br>Oranges<br>Cheestick | 18<br>Breakfast Bar<br>English muffin<br>Apples | 19       | 20     |
| 21<br>French Toast<br>Sausage<br>Juice<br>Peaches         | 22<br>Doughnut<br>yogurt<br>pears                     | 23<br>Cereal<br>Cheestick<br>Apple Sauce<br>Juice  | 24<br>Biscuits<br>Sausage<br>Fresh Fruit      | 25<br>Cinamon Roll<br>Bacon<br>Juice<br>Melon   | 26       | 27     |
| 28<br>Croissant*<br>Bacon<br>Egg<br>Cheese<br>Apple Sauce | 29<br>Pancakes<br>Sausage Links<br>Peaches            | 30<br>Breakfast Casserole<br>English Muffin<br>Apples  | 31<br>Waffles<br>Yogurt<br>Fresh Fruit        |   |          |        |
|   | All meals are provided with milk choices.             | <b>NOTES:</b><br>The district will provide equal educational opportunity and treatment for all students in all aspects of the academic and activities program without discrimination based on race, religion, creed, color, national origin, age, honorably-discharged veteran or military status, sex, sexual orientation, gender expression or identity, marital status, the presence of any sensory, mental or physical disability, or the use of a trained dog guide or service animal by a person with a disability. The district will provide equal access to school facilities to the Boy Scouts of America and all other designated youth groups listed in Title 36 of the United States Code as a patriotic society. District programs will be free from sexual harassment. Questions or complaints of alleged discrimination should be addressed to the Superintendent at 360-942-3415; 1016 Commercial Street, Raymond, WA 98577. |   |   |          |        |

Go  
Seagulls!



# JANUARY 2019

# LUNCH

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY | SUNDAY |
|---|--|--|---|---|----------|--------|
|   | 1  | 2  | 3   | 4   | 5        | 6      |
| 7<br>Pizza<br>Pineapple<br>Green Beans                          | 8<br>Chicken Nuggets<br>Peas<br>Peaches<br>Roll              | 9<br>Chicken Bacon<br>Ranch Penne<br>Corn<br>Pears   | 10<br>Teriyaki Pork<br>Carrots<br>Strawberries                        | 11<br>Hamburger<br>Cauliflower<br>Fresh Mixed Fruit | 12       | 13     |
| 14<br>Calzone<br>Manadrins<br>Carrots                           | 15<br>Creamy Chicken<br>and Rice<br>Fruit Cup<br>Green beans | 16<br>Swedish Meatballs<br>Peaches<br>Cauliflower  | 17<br>Mac and Cheese<br>Corn<br>Bread Stick<br>Fresh Fruit            | 18<br>Tacos<br>Melon<br>Peas                        | 19       | 20     |
| 21<br>Sweet and Sour<br>Chicken<br>Rice<br>Cauliflower<br>Pears | 22<br>Chicken Parm<br>Fruit Cup<br>Carrots                   | 23<br>Savory Beef over<br>Rice<br>Corn<br>Fruit Cup  | 24<br>Rosemary Garlic<br>Chicken<br>Fresh Fruit, Green<br>Beans, Roll | 25<br>BBQ Rib Sandwhich<br>Strawberries<br>Peas     | 26       | 27     |
| 28<br>Chicken Nuggets<br>Peas<br>Peaches<br>Roll                | 29<br>Teriyaki Burger<br>Pineapple<br>Green Beans            | 30<br>Teriyaki Chicken<br>Rice<br>Pineapple<br>Carrots   | 31<br>Pork Roast<br>Roll<br>Corn<br>Fresh Mixed Fruit                 |   |          |        |
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