

# OCTOBER 2019

## BKFST/LUNCH MENU

MILK VARIETY OFFERED  
DAILY

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**B-FRENCH TOAST 1**  
FRUIT, SEEDS  
L-BURRITO  
PEACH CUP, CORN, COOKIE

**B-CINNAMON ROLL 2**  
APPLESAUCE CUP  
L-TERIYAKI DIPPERS  
FRIED RICE, CAR-  
ROTS, STRAWBERRY CUP

**B-BKFST PIZZA 3**  
PINEAPPLE, SEEDS  
L-CHILI WRAP  
SALAD GREEN BEANS  
BANANA

**B-MUFFIN 4**  
STRING CHEESE, PEARS  
L-TATER-TOT-CASSEROLE  
GARLIC BREAD, BROCCOLI,  
PEACHES

**B-BISCUITS & GRAVY 7**  
BLUEBERRIES, SEEDS  
L-CORN DOG  
SMILE FRIES, MIXED  
BERRY CUP, CARROTS

**B-CEREAL 8**  
PEACHES, STRING CHEESE  
L-MEAT LASAGNA  
BREADSTICK, PEACHES  
GREEN BEANS

**B-YOGURT PARFAIT 9**  
GRANOLA, APPLE  
L-BBQ CHIX SANDWICH  
BAKED BEANS, ORANGES  
CAULIFLOWER

**B-WAFFLE 10**  
STRING CHEESE, PEACHES  
L-CHIX BACON CASSEROLE  
CORN, ROLL  
MANDARIN ORANGES

**B-BRKFST BAKE 11**  
BISCUIT, PEACHES  
L-PIZZA  
PINEAPPLE, GREEN BEANS  
COOKIE

**B-RASPBERRY SCONE 14**  
APPLESAUCE CUP, SEEDS  
L-CHIX DRUMSTICKS  
TATER KICKERS, APRICOTS  
COOKIE

**B-WAFFLE SANDWICH 15**  
MELON  
L-TACO TUESDAY  
CORN, ORANGES, BEANS

**B-MUFFIN 16**  
STRING CHEESE, PEARS  
L-TURKEY SANDWICH  
CHIPS, CARROTS  
APPLE

**B-MAPLE BAR 17**  
PINEAPPLE  
L-CHIX FAJITA  
GREEN BEANS, ORANGES  
RICE

**B-POP TART 18**  
SEEDS, PEARS  
L-S & S MEATBALLS  
RICE, PEACHES  
CORN

**B-SCRAMBLED EGGS 21**  
BISCUIT, PEARS  
L-BEEF STEW  
ROLL, CARROTS, MIXED  
FRUIT

**B-PANCAKE WRAP 22**  
SEEDS, APPLESauce  
L-TERIYAKI CHICKEN  
RICE, MIXED VEGGIE  
PEACH CUP

**B-YOGURT 23**  
MUFFIN, PEACHES  
L-MINI CALZONES  
PINEAPPLE, GREEN BEANS  
COOKIE

**B-BKFST CASSEROLE 24**  
BISCUIT, PEARS  
L-SALISBURY STEAK  
BABY TATERS  
ROLL, CORN, APPLE

**B-CEREAL 25**  
MIXED FRUIT, SEEDS  
L-PIZZA  
PINEAPPLE, VEGGIE MIX,  
COOKIE

**B-APPLE FRUDEL 28**  
APPLESAUCE CUP, SEEDS  
L-CHIX ALFREDO  
CORN, PEACHES  
BREADSTICK

**B-SAUSAGE MUFFIN 29**  
STRING CHEESE, PEARS  
L-GRILLED HAM & CHEESE  
SANDWICH, CHIPS, APPLE  
CARROTS

**B-OATMEAL BAR 30**  
MIXED FRUIT, SEEDS  
L-HOT DOG  
BAKED BEANS, PEACH CUP  
BROCCOLI

**B-CEREAL 31**  
PEARS, STRING CHEESE  
L-GHOULASH  
CANDY CORN, GOBLIN  
GOO, TRICK OR TREAT